

LSOG SPORT: BOWLING

EVENTS

SINGLES State & National qualifying event (LSOG athletes must qualify at an LSOG District Game during the competition year to participate in the Annual State Games)

DOUBLES National qualifying event

MIXED DOUBLES National qualifying event

A partner must be designated to enter a doubles & mixed doubles event.

If Districts only hold Singles they will qualify for Doubles or Mix-Doubles.

EQUIPMENT

House balls and shoes are available. Bowlers may use personal balls & shoes.

DESCRIPTION

American Bowling Congress (ABC) rules will govern this tournament.

Each bowler will bowl three games.

Highest total number of pins wins.

TIES

A tenth frame roll-off will be held. In the event of a tie for tenth frame, highest single game score will designate winner.

State Qualifying Requirements: 1st, 2nd, and 3rd place **scratch** winners at District Games qualify, as well as those athletes who meet the following minimum performance standards:

LSOG Minimum Performance Standards (MPS)								
age	50	55	60	65	70	75	80	85+
M	550	500	490	480	450	400	390	380
W	480	460	450	430	400	350	290	250

National Qualifying Requirements:

All 1st, 2nd, 3rd and 4th Place winners at a 2010 NSGA qualifying games will qualify for the 2011 Summer National Senior Games.

Athletes must qualify in each bowling event (singles, doubles, mixed doubles) in which they wish to compete at the 2011 Summer National Senior Games. Doubles partners who qualify together are not required to play together at the 2011 Summer National Senior Games. All participants must have qualified for the sport in which they intend to participate.

AWARDS

Gold, Silver and Bronze medals for the top three positions.