



# 2009 GREATER NEW ORLEANS DISTRICT SENIOR OLYMPIC GAMES Individual Entry Form

February 27 – April 6, 2009  
Entry Deadline February 20

### *Mission*

*Our Mission is to provide seniors over the age of 50, quality venues to participate in a variety of athletic, recreational and social activities, all of which promote wellness and an active lifestyle.*

*Life Begins at 50!*



NOTE – The Schedule Shown Below is the Latest Version – revised since the Distribution of the Entry Form via US Mail. The Schedule shown below is THE OFFICIAL SCHEDULE which the Games will follow.

<b>2009 GNOSO Senior Games Schedule - Revision of 2/9/09</b>						
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>23-Feb</b>	<b>24-Feb</b>	<b>25-Feb</b>	<b>26-Feb</b>	<b>27-Feb</b>	<b>28-Feb</b>	<b>1-Mar</b>
	<i>Mardi Gras Day</i>	<i>Ash Wednesday</i>		<b>Darts</b> Belle Terre	<b>Cycling</b> Lakeshore Course <b>Basketball</b> Tulane Reily Ctr	<b>Track &amp; Field</b> Kings Grant
<b>2-Mar</b>	<b>3-Mar</b>	<b>4-Mar</b>	<b>5-Mar</b>	<b>6-Mar</b>	<b>7-Mar</b>	<b>8-Mar</b>
			<b>Bridge</b> Lakeshore	<b>Table Tennis</b> Belle Terre Playground	<b>Softball</b> LaSalle Complex	<b>Weightlifting</b> Elmwood Fitness <b>Team Dance</b> Clearview Mall
<b>9-Mar</b>	<b>10-Mar</b>	<b>11-Mar</b>	<b>12-Mar</b>	<b>13-Mar</b>	<b>14-Mar</b>	<b>15-Mar</b>
<b>Golf</b> City Park	<b>Pickle Ball</b> Mike Miley Playground			<b>Washer Pitch</b> <b>The Throws</b> PARD	<b>Tennis</b> Audubon Park	
<b>16-Mar</b>	<b>17-Mar</b>	<b>18-Mar</b>	<b>19-Mar</b>	<b>20-Mar</b>	<b>21-Mar</b>	<b>22-Mar</b>
	<b>Bowling</b> <b>Singles</b> Colonial Lanes Harahan	<b>Bowling</b> <b>Doubles</b> Colonial Lanes Harahan	<b>Shuffleboard</b> <b>Singles</b> PARD	<b>Shuffleboard</b> <b>Doubles</b> PARD	<b>5-K Walkathon</b> <b>Horseshoes</b> Waggaman <b>Vball; Men&amp;Mixed</b> Mike Miley	<b>Women's</b> <b>Cabbage Ball</b> Jefferson Softball Complex
<b>23-Mar</b>	<b>24-Mar</b>	<b>25-Mar</b>	<b>26-Mar</b>	<b>27-Mar</b>	<b>28-Mar</b>	<b>29-Mar</b>
	<b>Physical Fitness</b> <b>Challenge</b> YMCA of Greater New Orleans			<b>Texas Hold'em</b> Jefferson Golden Age Center	<b>Volleyball</b> <b>Women</b> Mike Miley	<b>Swimming</b> Elmwood Fitness
<b>30-Mar</b>	<b>31-Mar</b>	<b>1-Apr</b>	<b>2-Apr</b>	<b>3-Apr</b>	<b>4-Apr</b>	<b>5-Apr</b>
	<b>Billiards</b> Corner Pocket				<b>5-K Run (1)</b> (Bridge Run) Luling, LA	<b>Bocce</b> Italian-American Bocce Club <b>Racketball</b> Elmwood Fitness
<b>6-Apr</b>	<b>7-Apr</b>	<b>8-Apr</b>	<b>9-Apr</b>	<b>10-Apr</b>	<b>11-Apr</b>	<b>12-Apr</b>
<b>Banquet</b> Mike Miley Gym				<i>Good Friday</i>		<i>Easter Sunday</i>

(1) This Event is an NOTC event - GNOSO participants REGISTER thru GNOSO  
 (By Registering with GNOSO participants will get an both shirts, a banquet ticket, and save \$5.00)  
**NOTE – RACKETBALL CHANGED FROM 29 MARCH TO 5 APRIL!**



# GREATER NEW ORLEANS DISTRICT SENIOR OLYMPIC GAMES

Program Director: Dawn Caple (504) 559-9060, [dcaple.gnoso@cox.net](mailto:dcaple.gnoso@cox.net)  
Assistants: Bernice Bordelon (504) 834-5279 Fax (504) 834-5279  
Bill Pryor (504) 737-5613, [billpryor1@cox.net](mailto:billpryor1@cox.net)

GNO Senior Olympics  
P.O. Box 6255  
Metairie, LA 70009-6255  
GNOSO Website: <http://www.gnoso.net/>

## GENERAL ENTRY INFORMATION

**DATES:** Friday, February 27 - Monday April 6 2009

**REGISTRATION:** Return the attached entry form, fee payment, and signed liability waiver by entry deadline, **February 20, 2009.**

### FEES:

Entry Fee (for three (3) sports)\*      \$    15.00  
Each additional sport                        \$     3.00

\*Official t-shirt and banquet ticket are included.

**ADDITIONAL fees are REQUIRED if you sign up for the following sports:**

Golf	\$ 25.00
Bowling	\$ 6.00
Tennis	\$ 5.00
Additional banquet guests: Each	\$ 3.00
5-K Run & Race Walk	\$ 15.00
(United Way Mississippi Bridge Run)	

**ELIGIBILITY:** Any person 50 years or older as of December 31, 2009 is eligible to participate. Athletes 40 and over may sign up for Track & Field events.

**AGE GROUPS:** 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90+. Age groups are determined by age as of December 31, 2009. Age divisions for doubles/teams determined by youngest partner/member.

**EVENT SELECTION:** It is the responsibility of the participants to carefully select their events, considering possible overlap. Event start times will be strictly enforced. Absentees will be scratched.

**GUESTS:** Family and friends are welcome and encouraged to attend all events free of charge.

**CANCELLATIONS/POSTPONEMENTS:** Games officials reserve the right to cancel or postpone events due to inclement weather or unusual circumstances or insufficient entries. All changes in the scheduled Events will be posted to <http://www.gnoso.net>

**ENTRY DEADLINE:** February 20, 2009 (unless indicated in special instructions section of event schedule). No refunds given after February 20, 2009.

**AWARDS:** Medals will be presented to first through third place individual winners in-district and actual order for out-of-district participants.

**TEAMS AND DOUBLES:** Each member of a team and both doubles members must submit an individual signed application, release, and entry fee. **Team captains** must submit a team roster for the team to be eligible for team competition.

**DISTRICT GAMES:** Athletes must compete in one of the 2009 District Games to compete in the 2009 State Games in the following events: Bowling singles (top 3 scratch score places), Golf, Shuffleboard, Table Tennis Singles, Horseshoes, Discus, Javelin, Shot Put, and Team Dancing. Athletes may also qualify by meeting minimum qualifying standards for scored sports. See sports coordinators for qualifying requirements.

**LSOG INFO:** (225) 925-1748 or 1-800-799 8309  
Louisiana Senior Olympic Games  
P.O. Box 14748  
Baton Rouge, LA 70898-4748  
Or on the Web at: <http://www.lzog.net>

**OFFICIAL 2009 GNO SENIOR OLYMPICS  
EVENT ADDRESS AND PHONE NUMBER INFORMATION**

<b>City Park North Golf Course</b>		<b>Jefferson Parish Softball Complex</b>
1051 Filmore Ave.		6928 Saints Drive
New Orleans, LA 70124		Metairie, LA 7003
(504) 482-4888 – (City Park)		

**Audubon Park Tennis Courts**  
6320 Tchoupitoulas St  
New Orleans, LA 70118-5753  
(504) 895-1042

**Elmwood Fitness Center**  
1200 S. Clearview Parkway, Suite 1200  
Harahan, LA 70123  
(504) 733-1600

**Colonial Lanes**  
5525 Jefferson Highway  
Harahan, LA  
(504) 443-5353

**Italian American Bocce Club**  
2340 Severn Ave.  
Metairie, LA  
(504) 838-7123

**Kings Grant Playground**  
3805 15<sup>th</sup> St.  
Harvey, LA  
(504) 349-5040

**Belle Terre Playground**  
5600 Belle Terre Rd.  
Marrero, LA  
(504) 349-5044

**Mike Miley Playground**  
6716 W Metairie Ave  
Metairie, LA  
(504) 736-8461

**Corner Pocket**  
2424 Williams Blvd  
Kenner, LA  
(504) 469-2003

**Clearview Mall**  
4436 Veterans Memorial Blvd  
At the Target Mall Pavilion  
Metairie, LA

**Tulane University – Reily Student Center**  
6823 St. Charles Ave. (on Ben Weiner Drive  
New Orleans, LA and Claiborne Ave -  
(504) 865-5431 access via Willow St.)

**Waggaman Horseshoe Pits**  
516 Dandelion Dr.  
Waggaman, LA  
(504) 736-8468

**Thomas Jefferson Park**  
(On the Levee Opposite Park)  
Waggaman, LA

**YMCA of Greater New Orleans**  
6691 Riverside Dr.  
Metairie, LA  
(504) 888-9622

**Lakeshore Cycling Course**  
Lakeshore Drive & Elysian Fields  
New Orleans, LA  
(504) 908-8771

**PARD Gym**  
5185 Eighty Arpent Rd.  
Marrero, LA  
(504) 349-5042

**Delta Gym**  
8501 West Metairie Rd.  
Metairie, LA  
(504) 736-8463

**Jefferson Golden Age Center**  
4401 South Drive  
Jefferson, LA 70121

East Bank Bridge Park  
Under Luling Bridge (Mississippi Bridge Run)  
Destrehan, LA  
(Friday Night, April 3 ONLY)

**OFFICIAL 2009 GNO SENIOR OLYMPICS**

**INDIVIDUAL ENTRY/ PARTICIPANT WAIVER FORM  
RETURN THIS FORM, AFTER COMPLETING IT, WITH FEES, TO:**

**Greater New Orleans Senior Olympics, P.O. Box 6255 Metairie, LA 70009-6255**

**Last Name** \_\_\_\_\_ **First Name** \_\_\_\_\_ **MI** \_\_\_\_\_

**Address** \_\_\_\_\_ **PARISH** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**Phone home** \_\_\_\_\_ **Phone work** \_\_\_\_\_ **Sex** \_\_\_\_\_

**Age as of 12/31/09** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_ **E-mail:** \_\_\_\_\_

**PARTICIPANT WAIVER SIGN BELOW**

In consideration of being allowed to participate in any way in the Greater New Orleans District Senior Olympic Games program, related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my/or heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the Greater New Orleans Senior Olympics, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of the premises used to conduct the event ("Releasees"), with RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
5. I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all of the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I, the undersigned participant, grant to the Greater New Orleans Senior Olympics the right to use any pictures taken of me during the Greater New Orleans Senior Olympics without my remuneration and in any medium the photographer/staff sees fit for art, advertisement, exhibition, editorial, or any purpose whatsoever.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULL UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

**SIGNATURE** \_\_\_\_\_ **PRINTED** \_\_\_\_\_ **DATE** \_\_\_\_\_

**EMERGENCY CONTACT** \_\_\_\_\_ **Phone** \_\_\_\_\_

**OFFICIAL 2009 GNO SENIOR OLYMPICS**

**2009 ENTRY FEE SCHEDULE**

**RETURN THIS PAGE with CHECK or MONEY ORDER for fees to:**

Greater New Orleans Senior Olympics, P.O. Box 6255 Metairie, LA 70009-6255

Entry fees must be sent with this form to be eligible.

Entry Fee (allows participation in up to 3 Sports):_____	\$15.00	<b>\$ 15.00</b>
Each Additional Sport:_____	\$ 3.00	\$_____
<u>Sports Requiring an Additional Fee over the Entry Fee:</u>		
Golf Fee: _____	\$25.00	\$_____
Bowling Fee: (Singles, Doubles or Mixed Doubles) ___ each	\$ 6.00	\$_____
Tennis Fee: (Balls Provided) _____	\$ 5.00	\$_____
*5-K Run & Race Walk (NOTC Event) _____ (SEE *Note below)	\$ 15.00	\$_____
<b><u>I WILL ATTEND THE BANQUET:</u> YES _____ NO _____</b>		
Number of Banquet Guests _____		
Banquet Guest Fee - \$3.00 Times # guests you bring) _____		\$ _____
To Help Support the GNOSO I have enclosed a donation of _____	\$ _____	
(All donations are tax deductible)		
TOTAL AMOUNT ENCLOSED _____		\$ _____
Make Checks Payable to GNO Senior Olympic Foundation		
Circle your size preference M L XL XXL XXXL (Size not guaranteed)		

All participants will receive an original GNO Senior Olympic T-Shirt and Banquet Ticket.

\***United Way Mississippi River Bridge 5K Run/Walk:** Register via this entry form. GNOSO will enter you in the NOTC Event. Pick up GNOSO tee-shirt AND race tee shirt on Race Day.

NOTE: This is the largest run/walk among the numerous races held on bridges across the Mississippi River in the nation.

**Mail Entry Form**

**(Return pages 5, 6, 7 and 8) to:**

**GNO Senior Olympics**

**P.O. Box 6255**

**Metairie, LA 70009-6255**

## 2009 Individual Events (Return this page with your Entry)

Circle the Events in which you will participate & list partner

Qualifying Events for the 2009 State Games indicated by \*

**Use the TEAM EVENTS sheet to Register for TEAM Events**

**5 K Run**      **5K Race Walk** (United Way Mississippi Bridge Run by NOTC –Destrehan, LA – (SEE NOTE, bottom of page – Right-hand column)

**5 K Walk**      **1 Mile Recreational Walk**

### BASKETBALL

Hot Shot - One-on-One

Basketball Free Throw

### BILLIARDS

### BOWLING

\*Singles

Doubles (Partner \_\_\_\_\_)

Mixed (Partner \_\_\_\_\_)

### BRIDGE (card game)

### CYCLING

      5k      10k

### DARTS

\*GOLF      Stroke Play

### \*HORSESHOES

### PHYSICAL FITNESS CHALLENGE

### PICKLE BALL

Doubles (Partner \_\_\_\_\_)

Mixed (Partner \_\_\_\_\_)

### RACQUETBALL

Singles

Doubles (Partner \_\_\_\_\_)

Mixed Doubles (Partner \_\_\_\_\_)

### \*SHUFFLEBOARD

Singles

Doubles (Partner \_\_\_\_\_)

**SWIMMING** (Events listed in order as they will occur on day of event. Women precede men.) Circle up to 6 events you wish to enter.

Women	Men	Event	Seed Time
1	2	50y Freestyle	_____
3	4	100y Breaststroke	_____
5	6	200Y Backstroke	_____
7	8	50y Butterfly	_____
9	10	200y Freestyle	_____
11	12	50y Breaststroke	_____
13	14	100y Backstroke	_____
15	16	100y Freestyle	_____
17	18	100y Individual Medley	_____
19	20	50y Backstroke	_____
21	22	500y Freestyle	_____

**TRACK & FIELD EVENTS** (Events listed in order of their progression on day of event.)

### Track Events

- 1      50m Dash
- 2      100m Sprint
- 3      800m Race Walk
- 4      800m Run
- 5      200m Run
- 6      1500m Race Walk
- 7      400m Run
8.     1500m Run

### Field Events

1.      Long Jump
2.      High Jump
3.      \*Discus
4.      \*Javelin
5.      \*Shot Put

### TABLE TENNIS

\*Singles

Doubles (Partner \_\_\_\_\_)

Mixed (Partner \_\_\_\_\_)

### TENNIS

Singles

Doubles (Partner \_\_\_\_\_)

Mixed (Partner \_\_\_\_\_)

### TEXAS HOLD'EM

### THE THROWS

- 1      Football Accuracy
2.      Frisbee Accuracy
- 3      Softball Accuracy
- 4      Softball Distance

### WASHER PITCH

### WEIGHTLIFTING

- 1      Bench Press
- 2      Clean and Jerk
- 3      Arm Curl with Free Weights
- 4      Dead lift

**NOTE:** If you Register for this event through GNOSO you will save \$5.00 on the entry fee and you will get both the NOTC race Tee Shirt and the GNOSO Tee shirt, and you also get a GNOSO Banquet Ticket. For more information on the race visit the NOTC web site at: [www.runNOTC.org](http://www.runNOTC.org)

**2009 TEAM Events (Return this page)**

**Circle the appropriate events for your Team below**

Qualifying Events for the 2009 State Games indicated by \*

**EACH COACH OR CAPTAIN MUST SUBMIT THE TEAM ROSTER FORM. Call Janey Perez - (504) 736-6992 or Bernice Bordelon - (504) 834-5279 for a copy of the form. Return the form via USPS (she will mail it with a SASE) OR fax the form to (504) 736-8470; mark it "Attention -Janey" or fax it to Bernice Bordelon at (504) 834-5279.**

**(TEAM EVENT ENTRIES REQUIRE THE COMPLETION OF A TEAM ROSTER FORM. EACH TEAM MEMBER MUST SUBMIT HIS/HER INDIVIDUAL ENTRY FORM IN ORDER TO PARTICIPATE ON THE TEAM.)**

**ROSTERS MAY BE SUBMITTED WITH THE CAPTAIN/COACH INDIVIDUAL ENTRY**

**Basketball**                      **3 on 3**                                      **M or F**                                      **Age Group** \_\_\_\_\_  
Team Name \_\_\_\_\_

Captain's Name \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**Bocce Ball – 4-Player Teams**                                      **Age Group** \_\_\_\_\_  
Team Name \_\_\_\_\_

Captain's Name \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Player 1 Name \_\_\_\_\_ Player 2 Name \_\_\_\_\_

Player 3 Name \_\_\_\_\_ Player 4 Name \_\_\_\_\_

**Cabbage Ball (Ladies')**                                      **Age Group** \_\_\_\_\_  
Team Name \_\_\_\_\_

Captain's Name \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**Softball (Men)**                                      **Age Group** \_\_\_\_\_  
Team Name \_\_\_\_\_

Captain's Name \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**Volleyball**                      **M or F**                                      **Mixed**                                      **Age Group** \_\_\_\_\_  
Team Name \_\_\_\_\_

Captain's Name \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**\*Team Dance**                      **\_\_Recreational**                      **\_\_Advanced**                                      **Age Group** \_\_\_\_\_  
Team Name \_\_\_\_\_

Captain's Name \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

# 2009 GREATER NEW ORLEANS SENIOR OLYMPIC GAMES SCHEDULE

(Keep this page for Reference)

Event	Check-in	Start	Site	Special Instructions
<b>FRIDAY, February 27</b>				
<b>Darts</b>	8:30 AM	9:00 AM	Belle Terre Playground Jane Marchese	(504) 362-4341
<b>SATURDAY, February 28</b>				
<b>Cycling</b>	7:30 AM	8:00 AM	Lakeshore Cycle Course Robin Robert	(504) 908-8771
<b>SATURDAY, February 28</b>				
<b>Basketball (Team)</b>			Tulane Reily Center	<b>No Same Day Registration!</b>
Men 3 on 3	8:30 AM	9:00 AM	Fred Eitman	(504) 888-3672
M/W Hot Shot	11:30 AM	12:00 AM	Ann Hassenboehler	(504) 828-9766
M/W Free Throw	11:30 AM	12:00 AM	Lorraine Rizzuto	(504) 737-1220
Women 3 on 3	12:30 PM	1:00 PM		
<b>SUNDAY, March 1</b>				
<b>Bill Klock Track &amp; Field</b>				Same day registration 8:00 - 9:00 AM, but no guarantee of t-shirt. Order of events as listed on Entry Form.
Track Events	8:00 AM	9:00 AM	Kings Grant Playground	
*Field Events	9:30 AM	10:15 AM	Bernice Bordelon (504) 834-5279	
<b>THURSDAY, March 5</b>				
<b>Bridge</b>			Lakeshore Playground Gloria Loumiet	(Room 3) (504) 738-698
	9:30 AM	10:00 AM		
<b>FRIDAY, March 6</b>				
<b>*Harry Lee Table Tennis</b>				
Women All Ages	8:30 AM	9:00 AM	Belle Terre Playground	NO orange shirts,
Men 75 & Over	9:30 AM	10:30 AM	Mel & Shirley Coulon	Please bring own paddle.
Men 50-74	10:30 AM	11:00 AM	(504) 348-8880	Orange 40 mm balls will
All Doubles	1:00 PM	ASAP		be provided.
<b>SATURDAY, March 7</b>				
<b>Softball</b>			LaSalle Softball Complex Henry Francalancia Fred Eitman	<b>Captains will be called</b> (504) 737-2697 (504) 888-3672
	8:30 AM	9:00 AM		
<b>SUNDAY, March 8</b>				
<b>Weightlifting</b>			Elwood Fitness Center TBD Bernice Bordelon	(504) 834-5279
	12:30 PM	1:00 PM		
<b>SUNDAY, March 8</b>				
<b>*Team Dance</b>			Clearview Mall (Center) Starrlynn Morgan	(504) 494-5470
	2:00 PM	2:30 PM		
<b>MONDAY, March 9</b>				
<b>*Golf</b>			City Park North Course Lynn Wolken	(504) 835-4456
	8:00 AM	9:00 AM		
<b>TUESDAY, March 10</b>				
<b>Pickle Ball</b>			Mike Miley and Delta Gyms Mary Anne Poche Carol Bradford	(504) 239-9406 (504) 488-9564
	7:30 AM	8:00 AM		

## 2009 GREATER NEW ORLEANS SENIOR OLYMPIC GAMES SCHEDULE

(Keep this page for Reference)

Event	Check-in	Start	Site	Special Instructions
<b>FRIDAY, March 13</b>				
<b>The Throws</b>			PARD	
Men	8:30 AM	9:00 AM	Thais Lacrouts	(504) 835-1562
Women	10:30 AM	11:00 AM		
<b>FRIDAY, March 13</b>				
<b>Washer Pitch</b>			PARD	
Women	8:30 AM	9:00 AM	Jane Marchese	(504) 362-4341
Men	10:30 AM	11:00 AM	Dot Touelle	(504) 341-0285
<b>SATURDAY, March 14</b>				
<b>Tennis</b>			Audubon Park Tennis	
M/W Singles, then MW Dbls, then Mxd	7:30 AM	8:00 AM	Bill Pryor	(504) 737-5613 Tennis Balls will be provided
<b>TUESDAY, March 17</b>				
<b>*Bowling</b>			Colonial Lanes	
Singles	8:30 AM	9:00 AM	Note \$6.00 per event Extra Nova Dee Carbo	(504) 341-1876
<b>WEDNESDAY, March 18</b>				
<b>Bowling</b>			Colonial Lanes	
Mixed Doubles	8:30 AM	9:00 AM	Nova Dee Carbo	(504) 341-1876
Doubles	12:30 PM	1:00 PM	Note \$6.00 per event Extra	
<b>THURSDAY, March 19</b>				
<b>*Shuffleboard</b>			PARD	
Singles	8:00 AM	8:30 AM	Bernice Bordelon	(504) 834-5279
<b>FRIDAY, March 20</b>				
<b>*Shuffleboard</b>			PARD	
Doubles	8:00 AM	8:30 AM	Bernice Bordelon	(504) 834-5279
<b>SATURDAY, March 21</b>				
<b>5 K Walkathon</b>			Thomas Jefferson Park in Waggaman	
AND	8:30 AM	9:00 AM	Bill Elrod	(985) 785-0950
<b>1 Mile Recreational Walk</b>			Jerry Renz	(504) 436-2742
<b>SATURDAY, March 21</b>				
<b>*Horseshoes</b>			Waggaman Horseshoe Pit	
	10:15 AM	11:00 AM	Landry Camardelle	(504) 431-9092
			Gail Guidry	(504) 431-8136
<b>SATURDAY, March 21</b>				
<b>Volleyball</b>			Mike Miley Gym	
Men & Mixed Follows Men	8:30 AM	9:00 AM	Janey Witt-Perez	(504) 736-6992
			Pat Dover	(504) 895-8888
<b>SUNDAY, March 22</b>				
<b>Women's Cabbage Ball</b>			JPRD Softball Complex	
	9:00 AM	9:30 AM	Janey Witt-Perez	(504) 736-6992
			Thais Lacrouts	(504) 835-1562

## 2009 GREATER NEW ORLEANS SENIOR OLYMPIC GAMES SCHEDULE

(Keep this page for Reference)

Event	Check-in	Start	Site	Special Instructions
<b>TUESDAY, March 24</b>				
<b>Physical Fitness Challenge</b>			YMCA of Greater New Orleans	
	9:30 AM	10:00 AM	Bernice Bordelon	(504) 834-5279
<b>FRIDAY, March 27</b>				
<b>Texas Hold'em</b>			Jefferson Golden Age Center	
	5:30 PM	6:00 PM	Janey Witt-Perez	(504) 736-6992
<b>SATURDAY, March 28</b>				
<b>Volleyball</b>			Mike Miley Gym	
Women	9:00 AM	9:30 AM	Janey Witt-Perez	(504) 736-6992
			Pat Dover	(504) 895-8888
<b>SUNDAY, March 29</b>				
<b>Elmwood Swimming Event</b>			Elmwood Fitness	Events in order listed
	9:00 AM	10:00 AM	Bill Jennings	(504) 887-3530
<b>TUESDAY, March 31</b>				
<b>Billiards</b>			Corner Pocket	
	10:30 AM	11:00 AM	Sonya Belgard	(504) 450-4506
<b>SATURDAY, April 4</b>				
<b>NOTC 5 K Run and Race-walk</b> (Mississippi River Bridge Run – at East Bank Bridge Park)			Destrehan, LA (United Way Mississippi River Bridge Run - an NOTC event)	
<b>NOTE:</b> This GNOSO event is managed by NOTC. Senior Olympians Register via GNOSO			Jerry Renz Bill Elrod GNOSO will Register you: for the NOTC Event	(504) 436-2742 (985) 785-0950 Pick up Race Packet from GNOSO check-in desk on-site on Race Day
<b>SUNDAY, April 5</b>				
<b>Racquetball Tournament</b>			Al Reagle	(504) 858-2305
Singles and Doubles	10:00 AM	10:30 AM	Elmwood Fitness Center On-site Registration Okay	Please bring balls & equipment. Free showers & lockers
<b>SUNDAY, April 5</b>				
<b>Bocce</b>	11:30 AM	12:00 PM	Italian-American Bocce Club John Wolken	(504) 835-4456
<b>MONDAY, April 6</b>				
<b>Banquet</b>	6:00 PM		Mike Miley Gym Pat Dover	(504) 895-8888



Greater New Orleans Senior Olympics  
P.O. Box 6255  
Metairie, LA 70009-6255

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
METAIRIE, LA  
PERMIT NO. 20



2009  
GREATER NEW ORLEANS DISTRICT  
SENIOR OLYMPIC GAMES

New Orleans, LA  
February 27 – April 6

Printing Courtesy of **PEOPLES HEALTH** and **m**  
**PRESS**